

# HEALTHCARE AND HOUSING (H2) SYSTEMS INTEGRATION INITIATIVE UTAH

## Medicaid Coverage and Other Health Care Resources

### UTAH STATE MEDICAID PLAN AND COVERAGE

#### Medicaid Eligibility And Federal Medical Assistance Percentage (FMAP)<sup>1</sup>

- Not a Medicaid expansion state
- Medicaid eligibility based on family income as a percentage of federal poverty level (FPL), is:
  - For pregnant women: 144% of FPL
  - For children: 144% of FPL (0-5); 138% (6-18)
  - For parents: 46% of FPL
- Children's Health Insurance Program (CHIP) eligibility is for children/youth in families whose incomes are up to 200% of FPL
- Federal Medical Assistance Percentage (FMAP) for Medicaid in Utah is 70.24%, meaning Utah receives \$2.36 of federal matching funds for every \$1 spent on Medicaid.

#### Enrollment Efforts<sup>2</sup>

- Building on an initial health clinic's success with training AmeriCorps workers in place at the clinic to provide Medicaid enrollment assistance, Utah's primary care association – the Association for Utah Community Health (AUCH) – obtained a CHIPRA outreach grant to spread one-on-one enrollment assistance through trained enrollment specialists to an additional eight clinics operated by four health centers.
- The State's Medicaid agency, the Department of Health, trained enrollment specialists on enrollment processes and provided them access to check on the status of application.
- In 2012, a group of collaborating social service agencies began work to spread the enrollment assistance model statewide through additional channels.
- Data from DOH and AUCH show that about 80% of assisted applications resulted in successful enrollment.
- Applications for healthcare coverage are accepted via the federal marketplace exchange (<https://www.healthcare.gov/>) or by calling 1-800-318-2596. The FFM will make assessments of Medicaid/CHIP eligibility and then transfer the applicant's account to the state agency for a final eligibility determination.

#### Medicaid Enrollees And Expenditures

Similar to the national picture, the largest group of Medicaid enrollees in Utah is children, but the elderly and individuals with disabilities account for the most Medicaid spending. Based on data from FY 2010, children made up six in ten (59%) Medicaid enrollees in Utah, but accounted for just over one-quarter (27%) of total Medicaid expenditures. On the other hand, the elderly and people with disabilities accounted for less than one-fifth of enrollees (16%), but over half (58%) of total program costs. Average spending per beneficiary in Utah was \$4,890, less than the national average of \$5,563 and less than all but one state in the Mountain Region.<sup>3</sup>

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<sup>1</sup> <http://kff.org/state-category/medicaid-chip/>  
<sup>2</sup> <https://kaiserfamilyfoundation.files.wordpress.com/2013/03/84241.pdf>  
<sup>3</sup> <http://kff.org/health-reform/fact-sheet/the-utah-health-care-landscape/>

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In December 2013, monthly Medicaid enrollment in Utah was approximately 283,400: 41,500 non-elderly, non-disabled adults; 161,700 non-disabled children; and 80,200 elderly and people with disabilities.<sup>4</sup>

In FY2011, Medicaid spending per enrollee (full or partial benefit) in Utah was \$11,624 for aged; \$19,597 for individuals with disabilities, \$2,889 for adults, and \$2,261 for children. Total spending that year was \$178,400,385 for aged (10%); \$851,217,765 for disabled (47%); \$272,254,275 for adults (15%); and \$492,714,650 for children (27%).<sup>5</sup>

### Medicaid Care Delivery<sup>6</sup>

Utah Medicaid uses managed care delivery models in addition to the traditional Fee-For-Service (FFS). Since January 2013, Utah's Division of Medicaid and Health Financing implemented Accountable Care Organizations (ACOs). There are four ACOs currently operating in Utah: HealthChoice Utah, Healthy U, Molina Healthcare of Utah, and SelectHealth Community Care. The goals of the ACOs are to maintain quality of care and improve health outcomes for Medicaid recipients and to control costs by keeping the Medicaid cost growth rate from exceeding the State General Fund growth rate. All managed care contracts are full risk capitated contracts and therefore assume the risk for all health care costs for their enrollees.

### Medicaid Assistance Programs and Programs for Enrolled Medicaid Members<sup>7</sup>

The Division of Medicaid and Health Financing under the Utah Department of Health provides health care to individuals through various programs including Medical Assistance Programs and Programs for Enrolled Medicaid Members.

Medical Assistance Programs include:

- Traditional and Non-Traditional Medicaid
- Spenddown Program (Medically Needy)
- Medicaid Long-Term Care and Waiver Programs
- Autism Waiver Program
- Buyout Program
- Children's Health Insurance Program
- Utah's Premium Partnership for Health Insurance
- Baby Your Baby
- Primary Care Network

Programs for Enrolled Medicaid Members include:

- Children's Health and Evaluation Care (CHEC)
- Safe to Wait
- Restriction Program
- Tobacco Cessation Program
- Living Well with Chronic Conditions Program

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<sup>4</sup> <http://kff.org/state-category/medicaid-chip/>

<sup>5</sup> <http://kff.org/state-category/medicaid-chip/>

<sup>6</sup> [https://health.utah.gov/medicaid/pdfs/annual\\_report2013.pdf](https://health.utah.gov/medicaid/pdfs/annual_report2013.pdf)

<sup>7</sup> <https://medicaid.utah.gov/medical-programs>

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### Medicaid Waivers and Demonstration Programs<sup>8</sup>

#### 1115 Demonstration Waivers

- One approved 1115 Demonstration Waiver, which expires at the end of 2015, extends coverage for primary health care services to certain low-income adults, and to expand coverage options for children who are eligible for the Children's Health Insurance Program (CHIP).

#### Section 1915(c) Home and Community-Based Waivers

- Allow provision of an expanded and more flexible array of services and supports to targeted populations
- Utah Has Seven Medicaid 1915(c) HCBS Waivers: (1) Acquired Brain Injury Waiver; (2) Aging Waiver (For Individuals Age 65 or Older); (3) Community Supports Waiver for Individuals with Intellectual Disabilities or Other Related Conditions; (4) Medicaid Autism Waiver; (5) New Choices Waiver; (6) Physical Disabilities Waiver; and (7) Waiver for Technology Dependent Children.

### Other Initiatives

#### State Innovation Model (SIM) Grant<sup>9</sup>

- In early 2013, Utah was awarded a State Innovation Models (SIM) Grant from the Center for Medicare and Medicaid Innovation to begin the process of putting the previous policy discussions into action.
- Governing body of key community leaders from business, health care delivery, health work force education, mental health systems and government known as the Executive Policy Group (EPG), was led by then Lt. Governor Greg Bell. The EPG collaborated with over 100 other community leaders to continue the work that began at the 2011 Summit and led the effort to develop the Utah Health Innovation Plan (the Plan).
- The Plan is a statewide roadmap to achieve health systems transformation, and also seeks to improve the health of all Utahns through the implementation of a Value Based Purchasing health care environment.
- Aims to (1) adapt to and perform well in a value-based purchasing environment (value = quality outcomes/ cost); (2) facilitate end-of-life preferences for Utah citizens so they receive care with dignity, respect and efficiency; (3) increase access to primary care and behavioral health; and (4) create community-clinical linkages and healthful environments.

## HEALTH CARE FOR THE HOMELESS PROGRAMS

Utah has one Health Care for the Homeless Programs, administered by Fourth Street Clinic, Wasatch Homeless Health Care. The Fourth Street Clinic is part of Wasatch Homeless Health Care (WHHC), providing primary and ancillary health care services free of charge to adults and children who are homeless in the Salt Lake City metropolitan area. The clinic provides a range of services under one

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<sup>8</sup> For more information, see: [http://www.medicaid.gov/medicaid-chip-program-information/by-topics/waivers/waivers\\_faceted.html](http://www.medicaid.gov/medicaid-chip-program-information/by-topics/waivers/waivers_faceted.html) <https://www.hudexchange.info/resource/3215/affordable-care-act-state-and-territory-profiles/> and <https://medicaid.utah.gov/>  
· <http://health.utah.gov/documents/UtahHealthInnovationPlan.pdf>

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roof, including primary and specialty health care, oral health care, case management, behavioral health, and a pharmacy. A full range of services is delivered through referrals to community partners.

### ***RYAN WHITE PART B***

Ryan White Part B Program resides within the Utah Department of Health, Division of Disease Control and Prevention, Bureau of Epidemiology, Treatment and Care Services Program. Through the Part B Program, eligible persons living with HIV/AIDS are able to access the following services: AIDS Drug Assistance, Health Insurance Assistance, and Supportive Services. Additionally, persons living with HIV/AIDS living along the Wasatch Front are able to access primary medical care through the Infectious Disease Clinic (Clinic 1A) at the University of Utah Hospital, while those living in rural areas access care at various community and private clinics. Case management services, which are vital in order for clients to access and remain in care, are provided through Clinic 1A (medical case management) and the Utah AIDS Foundation (non-medical case management). Both organizations receive funding from the Part B Program.<sup>10</sup>

#### 2012 Funding Snapshot<sup>11</sup>

- 1,414 clients served by the Ryan White Program
- 38 were unstably housed and 184 were in temporary housing
- Top medical services provided: outpatient ambulatory care (668 clients received), medical case management (1,034), oral health care (275) and mental health services (94)
- Other key services provided: psychosocial support services (550), medical transportation services (249 of clients received), and non-medical case management (145).

### ***FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs)***

Utah has 40 health centers across the state that provide primary healthcare, behavioral health, dental and other services to medically underserved communities and vulnerable populations.

Utah's FQHCs are administered by the Utah Department of Health under the Office of Primary Care and Rural Health (OPCRH). OPCRH coordinates federal, state, and local efforts aimed at improving the health of Utah's rural, medically underserved, and multicultural residents. OPCRH works with Utah's urban and rural communities, agencies and organizations to recruit health care professionals, identify sources of funding, and to implement other projects related to decreasing disparity and increasing access to primary health care. In FY 2013, Utah members provided services to 123,116 patients, including 6,570 homeless persons.

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<sup>10</sup> [http://health.utah.gov/epi/treatment/resources/ryan\\_white\\_policy.pdf](http://health.utah.gov/epi/treatment/resources/ryan_white_policy.pdf)

<sup>11</sup> <http://hab.hrsa.gov/stateprofiles/Client-Characteristics.aspx> and <http://hab.hrsa.gov/stateprofiles/Services-Received.aspx>