

HEALTHCARE AND HOUSING (H²) SYSTEMS INTEGRATION INITIATIVE TEXAS

Medicaid Coverage and Other Health Care Resources

TEXAS STATE MEDICAID PLAN AND COVERAGE

Medicaid Eligibility And Federal Medical Assistance Percentage (FMAP)¹

- Texas is not a Medicaid expansion state.
- Medicaid eligibility based on family income as a percentage of federal poverty level (FPL):
 - For pregnant women: 198% of FPL
 - For children: 198% of FPL (ages 0-1), 144% of FPL (ages 1-5), 133% of FPL (ages 6-18)
 - For parents: 15% of FPL
 - For childless adults: 0% of FPL
- FMAP is 57.13%, meaning Texas receives \$1.33 of federal matching funds for every \$1 spent on Medicaid.

Enrollment Efforts²

- Health Insurance/Affordable Insurance Exchange: The Health Insurance Marketplace (The Marketplace):
 - The Federally-facilitated Marketplace (FFM) is offering health coverage in Texas, as the state has elected not to operate a State-Based Marketplace
 - As of August 2014, there were 4,606,339 Texans covered by Medicaid and CHIP.
 - If Texas were to expand Medicaid, it is estimated that 2,502,000 people would be newly eligible for coverage.
 - 1,046,430 Texans currently have no realistic access to affordable health insurance because they do not qualify for Medicaid, yet their incomes are under the poverty level and thus they are not eligible for healthcare subsidies in the exchange.
 - Prior to 2014, Texas had the highest uninsured rate in the country, with 27% of its residents lacking coverage. That number fell to 24% by mid-2014, but Texas is still at the top of the list in terms of the percentage of uninsured residents.
- Texas offers enrollment options by phone (Phone: 1-877-541-7905), mail, and online (<https://www.yourtexasbenefits.com/ssp/SSPHome/ssphome.jsp>). In-person local help can also be found at the following website: <https://localhelp.healthcare.gov/>.
- Online applications for healthcare coverage are also accepted online via the federal marketplace exchange (<https://www.healthcare.gov/>) or by calling 1-800-318-2596. The FFM will make assessments of Medicaid/CHIP eligibility and then transfer the applicant's account to the state agency for a final eligibility determination.

Medicaid Care Delivery³

There are four Medicaid programs in Texas: STAR, STAR+PLUS, and STAR Health managed care programs, as well as traditional Medicaid for those who cannot be in managed care. Most Medicaid services in Texas and all Children's Health Insurance Program (CHIP) services are delivered through managed care. The Texas Health and Human Services Commission (HHSC) contracts with managed care organizations, licensed by the Texas Department of Insurance, and pays them a monthly amount to coordinate health services for the Medicaid or CHIP members enrolled in their health plan. The

¹ <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-State/texas.html>

² <http://www.healthinsurance.org/texas-medicaid/> and <http://kff.org/health-reform/fact-sheet/state-profiles-uninsured-under-aca-texas/>

³ <http://www.hhsc.state.tx.us/medicaid/managed-care/plans.shtml>

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health plans contract directly with doctors and other health care providers to create provider networks their members can use. The health plans are required to provide all covered medically necessary services to their members.

Medicaid Waivers and Demonstration Programs⁴

Texas has seven Medicaid 1915(c) HCBS Waivers:

TX Medically Dependent Children Program

Provides respite, adaptive aids, FMS, flexible family support, minor home modifications, and transition assistance for medically fragile individuals ages 0 – 20.

TX Youth Empowerment Services (YES)

Provides respite, adaptive aids and supports, community living supports, family supports, minor home modifications, non-medical transportation, paraprofessional services, specialized therapies, supportive family-based alternatives, and transitional services for individuals w/serious emotional disturbances (SED) ages 3-18.

TX Community Based Alternatives

Provides personal assistance, respite, physical therapy, occupational therapy, prescribed drugs, speech/hearing/language therapy, financial management services, support consultation, adaptive aids and medical supplies, adult foster care, assisted living, dental, emergency response system, home delivered meals, minor home modifications, nursing, and transition assistance for aged individuals 65 and older and physically disabled ages 21-64.

TX HCBS Program

Provides day habilitation, respite, supported employment, adaptive aids, audiology, occupational therapy, physical therapy, prescribed drugs, speech/language pathology, financial management services, support consultation, behavioral support, cognitive rehab therapy, dental treatment, dietary services, employment assistance, minor home modifications, nursing, residential assistance (host home/companion care/supervised living, residential support), social work, supported home living, transition assistance for individuals of all ages w/Intellectual Disability/Developmental Disability.

TX Community Living Assistance & Support Services

Provides adult day health, case management, prevocational, residential habilitation, respite, supported employment, adaptive aids/medical supplies, dental, occupational therapy, physical therapy, prescriptions, skilled nursing, speech/hearing/language, financial management services, support consultation, behavioral support, continued family services, minor home mods, specialized therapies, and support family services for individuals w/Intellectual Disability or a related condition.

TX Deaf Blind w/Multiple Disabilities

Provides case management, day habilitation, residential habilitation, respite, supported employment, prescribed drugs, financial management services, support consultation, adaptive aids and medical supplies, assisted living, audiology, behavioral support, chore, dental treatment, dietary, employment assistance, intervener, minor home mods, nursing, occupational therapy, orientation and mobility,

⁴ For more information, see: <http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-State/Waiver-Descript-Factsheet/TX-Waiver-Factsheet.html#TX0374>

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physical therapy, speech/hearing/language therapy, and transition assistance for individuals of all ages w/ developmental disability.

TX Home Living Program

Provides day habilitation, respite, supported employment, prescription medications, financial management services, support consultation, adaptive aids, audiology, behavioral support, community support, dental, dietary, employment assistance, minor home modifications, occupational therapy, physical therapy, skilled nursing, and speech/language therapy for individuals of all ages w/Intellectual Disability/Developmental Disability.

Behavioral and Mental Health Funding in Texas⁵

Texas is 51st in the nation for per capita mental health spending. The national per capita average is \$123; Texas has a per capita average of \$38. Texas also has a shortage of inpatient beds, especially state psychiatric hospital beds, for the number of individuals needing care. As a result, those in need of behavioral health services increasingly utilize Texas hospitals as a last resort.

Legislative Increase in Mental Health Funding

The biennial 2014-15 budget includes \$259 million in General Revenue and \$298 million in All Funds for the expansion of mental health services. The Texas Department of State Health Services' (TDSHS) budget has several important riders impacting behavioral health services. TDSHS Rider 78 directs the department to withhold 10% of General Revenue funding from each local mental health authority as a performance-based incentive payment. Payment is contingent upon the achievement of outcome targets set by the department. TDSHS Rider 79 requires that \$183 million in General Revenue funding be used to draw down additional federal funds through the Medicaid 1115 Transformation Waiver.

2014-2015 Mental Health Service Initiatives

Initiative	Initiative Description	General Revenue (Millions)
Mental Health Treatment	Provides funds for YES Waiver, community mental health services and collaborative projects	\$69.4
Waiting List Reduction	Serves an additional 6,242 adults and 286 children currently waiting for services	\$48.2
Behavioral Health/ Substance Abuse	Housing and rental assistance for individuals with mental health disorders at risk of homelessness; Substance abuse provider rate increase and increased service capacity	\$49.0
Crisis Services	Provides funding for increased supports available to individuals in crisis situations	\$25.0
LMHA Expansion	Provides funding for increased service levels for individuals that are currently receiving limited services, including clients of NorthSTAR	\$23.0
Patient Safety	Initiative for patient safety, facility repairs, and staff retention	\$18.3
Alternative	Harris County contracted beds, jail-diversion pilot program, and	\$15.4

⁵ <http://www.tha.org/HealthCareProviders/Issues/BehavioralMentalHea096F/BehavioralMentalHea0965.asp>

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Treatment	jail-based competency restoration program	
Prevention and Identification	Public awareness campaign and school-based training for early identification	\$6.6
Veterans' Mental Health	Veterans' mental health program for counseling and suicide prevention	\$4.0
Total General Revenue		\$259.0

Texas Behavioral and Mental Health Resources

Statewide (Excluding Dallas)⁶

Historically, Medicaid-funded behavioral health services have been largely provided within the STAR managed care program and administered by the Local Mental Health Authorities (LMHAs). If a person is diagnosed with Major Depression, Schizophrenia, Bi-Polar Disorder or another designated illness, they will qualify for the state program and treatment (including case management and rehabilitation services) administered through the LMHA. **The LMHA can also serve non-Medicaid eligible individuals but the capacity to do so is substantially limited by the available general revenue funding.** Treatment is delivered through provider contracts with the STAR program lead entity or fee-for-service outside of the managed care arrangement. In addition, Texas provides substance abuse benefits for adults in Medicaid. The benefit offers outpatient services such as clinical assessment counseling and ambulatory detoxification as well as residential detoxification and substance abuse treatment. The substance use benefits are only available to persons eligible for Medicaid.

NorthSTAR System (Dallas)⁷

The exception to the STAR and STAR+PLUS program is the Dallas area (7 counties- Dallas, Collin, Ellis, Hunt, Kaufman, Navarro and Rockwall) where behavioral health services including mental health, substance abuse, and case management are carved out of the STAR program and delivered through the NorthSTAR system. NorthSTAR is managed care and the MCO responsible for providing services is ValueOptions. The NorthSTAR program provides an integrated system of care with mental health care and chemical dependency services. The NorthSTAR program blends funding from state Medicaid, substance abuse treatment, and mental health authorities in order to provide a wide array of services beyond those eligible for Medicaid reimbursement. These additional services are paid for through savings derived from better management of services by the managed care program.

Local Mental Health Authorities (LMHAs)⁸

Community mental health centers, also referred to as Local Mental Health Authorities (LMHAs) provide services to a specific geographic area of the state, called the local service area. The Texas Department of State Health Services (DSHS) requires each authority to plan, develop policy, coordinate and allocate and develop resources for mental health services in the local service area. DSHS contracts with 39 Community Mental Health Centers and NorthSTAR to deliver mental health services in communities across Texas.

⁶ http://www.csh.org/wp-content/uploads/2014/10/CSHTexas_2014MedicaidReport.pdf

⁷ http://www.csh.org/wp-content/uploads/2014/10/CSHTexas_2014MedicaidReport.pdf

⁸ <https://www.dshs.state.tx.us/mhsa/lmha-list/>

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Austin Travis County Integral Care- Integrated Behavioral Health Clinics⁹

Austin Travis County Integral Care operates three integrated health facilities that provide children and adults with comprehensive primary and behavioral healthcare. Integral Care shares these facilities with CommUnityCare. The clinics offer a wide range of services including peer support, chronic disease management, wellness support, telemedicine, and community mental health education. Multi-disciplinary teams conduct the initial assessment and intake, case management, psychiatric and counseling and medication services. They will also work with the patient to develop a plan of care that is suited to their individual needs.

Community Care Collaborative (Travis County)¹⁰

The Community Care Collaborative (CCC) is a 501(c)(3) corporation established to provide a framework for implementing the Texas 1115 Medicaid Waiver and an Integrated Delivery System (IDS) for the provision of health care services to the uninsured and underinsured populations of Travis County. The IDS will offer targeted patient populations coordinated health care services across a spectrum of primary care, specialty, hospital, and support service providers. The IDS will also help manage financial accountability while identifying best practices in health care delivery.

Homeless Outreach Medical Services (HOMES) Program (Dallas)¹¹

The Homeless Outreach Medical Services (HOMES) program is an effort between Parkland Health & Hospital System and the Children's Health Fund to provide medical, dental, and behavioral health services to children and adults who are homeless. Health care services are offered using a combination of fixed and mobile clinic sites, including five medical mobile clinics throughout Dallas County. Each clinic has a nursing station, two examination rooms, a class D pharmacy, and a restroom. Clinics are held at most sites on a weekly basis.

Children's Services include well child check-ups, immunizations, acute care, referrals to other programs and services (specialty clinics, housing, etc.), behavioral health, and nutrition services.

Adult Services include health check-ups, immunizations, STD and HIV screening, acute and chronic disease clinics, diabetes education, smoking cessation, podiatry, substance abuse groups and individual counseling, nutrition services, an eye glasses clinic, social work, and mental health counseling.

Cathedral Clinic at The Beacon (Houston)¹²

Cathedral Clinic at The Beacon is a collaborative partnership between The Beacon, a 501(c)3 nonprofit service organization established by Christ Church Cathedral, and Healthcare for the Homeless – Houston. The clinic combines primary healthcare, psychiatric treatment and mental health counseling with intensive case management to address the needs of men, women, and children living on Houston's streets. In 2013, 1,105 clients received services at The Cathedral Clinic.

⁹ <http://www.integralcare.org/content/integrated-care-clinics>

¹⁰ <http://www.ccc-ids.org/>

¹¹ <http://www.parklandhospital.com/phhs/homeless-outreach.aspx>

¹² <http://www.beaconhomeless.org/default.aspx?name=chom.overview>

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The Greater Houston Behavioral Health Affordable Care Act Initiative¹³

The Greater Houston Behavioral Health Affordable Care Act Initiative (BHACA), a collaborative endeavor of the Network of Behavioral Health Providers (NBHP) and Mental Health America of Greater Houston (MHA), is a multi-faceted initiative providing education, technical assistance, and ongoing support to behavioral health providers in the Greater Houston area on key operational and administrative mandates of the ACA. Specific areas of focus include integrated health care, Medicaid/Medicare credentialing and billing, adoption and implementation of certified electronic health records (EHRs), and outcome-based evaluation. MHA is taking primary responsibility for the integrated health care component of the initiative, and NBHP is primarily responsible for the other three components.

FEDERALLY QUALIFIED HEALTH CENTERS (FQHC)¹⁴

The Federal Health Center Program serves medically underserved populations or areas, works with special populations, and provides for enhanced Medicaid reimbursement. The four types of health centers are: (1) Community Health Centers; (2) Health Care for the Homeless; (3) Migrant Health Centers; and (4) Public Housing Primary Care Health Centers. As of 2015, there are 71 FQHCs serving patients in Texas, operating more than 300 sites. There are also two FQHC look-alikes¹⁵.

Community Health Centers¹⁶

Community Health Centers deliver comprehensive, high-quality preventative and primary health care to patients regardless of their ability to pay. They also provide oral health and behavioral health care tailored to the needs of the communities they serve. Community Health Centers offer a sliding fee discount to people who qualify based on income. As of 2015, there are 68 Community Health Centers operating in Texas.

Health Care for the Homeless Programs¹⁷

Health Care for the Homeless Programs emphasize a multi-disciplinary approach to delivering care to homeless persons, combining aggressive street outreach with integrated systems of primary care, mental health and substance abuse services, case management, and clinical advocacy. Emphasis is placed on coordinating efforts with other community health providers and social service agencies.

There are 11 federally-funded Health Care for the Homeless Programs in Texas.

RURAL HEALTH CLINICS¹⁸

A Rural Health Clinic is a federally qualified health clinic (but not a part of the FQHC Program) that is certified to receive special Medicare and Medicaid reimbursement. The Centers for Medicare and Medicaid Services provides advantageous reimbursement as a strategy to increase rural Medicare and Medicaid patients' access to primary care services. CMS reimburses RHCs differently than it

¹³ <http://mhahouston.tendenci.net/the-greater-houston-behavioral-health-affordable-care-act-initiative-bhaca/>

¹⁴ <https://www.dshs.state.tx.us/chpr/fqhcmmain.shtm>

¹⁵ Look-alikes meet all the eligibility requirements of an FQHC, but do not receive grant funding.

¹⁶ <https://www.tachc.org/find-healthcare-center>

¹⁷ <https://www.nhchc.org/hchdirectory/tx/>

¹⁸ <https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/rhclistbyprovidername.pdf>

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does other facilities. CMS is required to pay RHCs using a prospective payment system (PPS) rather than a cost-based reimbursement system. For services provided to Medicaid patients, states can reimburse using PPS or by an alternative payment methodology that results in a payment equal to what the RHC would receive under PPS. Regardless of whether the patient sees a mid-level provider or a physician, the RHC must receive the same amount for its services.

As of 2015, there are 320 Rural Health Clinics in Texas.

FREE CLINICS¹⁹

Free health and medical clinics offer services free of cost or for a nominal fee to persons who have limited income, no health insurance, or do not qualify for Medicaid or Medicare. There are a total of 454 clinics in the state of Texas. Houston has a total of 31 clinics and is the city with the most clinics in Texas. The next city with the most clinics is Austin with a total of 25 clinics.

RYAN WHITE PROGRAM TITLE II FUNDS²⁰

The Texas Ryan White Part B Program is administered by the Texas Department of State Health Services HIV/AIDS Program. The Directors of Special Care Facilities determines eligibility for use of Ryan White Part B and state services funds. The purpose of this program is to provide HIV positive individuals who reside in Illinois and who are low-income, uninsured or under insured with access to a wide variety of core and supportive services. The major part of Ryan White Plan B funding goes to the AIDS Drug Assistance program, which provides AIDS medications to low-income people with HIV/AIDS who are uninsured or underinsured.

2012 Funding Snapshot²¹

- 36,502 clients served by the Ryan White Program
- 972 (2.7%) were unstably housed and 11,253 (31.7%) were in temporary housing
- Top medical services provided: outpatient ambulatory care (21,749 clients received), medical case management (18,453 clients received), oral health care (8,826 clients received), mental health services (2,045 clients received), and medical nutrition care (1,687 clients received).
- Other key services provided: non-medical case management (18,145 clients received), medical transportation services (4,826 clients received), food bank/home delivered meals (4,360 clients received), outreach services (2,080 clients received), and psychosocial support services (2,053 clients received).

¹⁹ <http://www.freeclinics.com/sta/texas>

²⁰ <https://www.dshs.state.tx.us/hivstd/policy/policies/2013-01.shtm>

²¹ <http://hab.hrsa.gov/stateprofiles/Client-Characteristics.aspx> and <http://hab.hrsa.gov/stateprofiles/Services-Received.aspx>